

EMOTIONAL INTELLIGENCE CERTIFICATION WORKSHOPS

Level I: Foundations of Emotional Intelligence

**1 Novemebr 2021
TradeWinds Hotel, Fremantle**

Now more than ever, humans need to harness the skills and benefits of emotional intelligence.

Research informs us that individuals and groups of people who use their emotional intelligence skills are more able to achieve a state of emotional and psychological well-being.



Register

<https://www.trybooking.com/events/landing/814659?bof=1>

Level I: Foundations of Emotional Intelligence

The next Level I workshop is on Monday 1 November 2021 at the Tradewinds Hotel in Fremantle from 9am-3:30pm - and then an online follow-up session a few weeks later.

Prices:

- **EISA Members \$220 (10% discount)**
- **Non-Members \$249**

Includes lunch and printed workshop notes.

8-hour workshop

Workshop topics will include:

- Define and describe emotional intelligence
- Describe the purpose of emotions in our everyday lives
- Describe the ability and mixed models of emotional intelligence
- Knowledge of the latest research on the importance of EI in our everyday lives
- Insights into your own EI and areas for improvement
- Strategies that could be implemented that may enhance EI skills in individuals, teams and organisations

Participants will engage in experiential activities aimed to develop ideas on how to implement EI strategies in your personal and professional lives.

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Workshop Facilitators

Dr Nigel Gribble and Dr Chris Skinner

Nigel Gribble has facilitated many emotional intelligence workshops and training sessions over the last four years. Nigel has delivered EI training to 100s of participants in business, healthcare, and the higher education sector. His research interests are emotional intelligence, fieldwork placements, simulations, and higher education. He is a Senior Lecturer and Researcher in the School of Allied Health (Occupational Therapy) at Curtin University in Western Australia. Since 1993, he has worked as an occupational therapist across Australia and in the USA. He completed a PhD in 2019 that focused on the impact of fieldwork placements on the emotional intelligence of occupational therapy, speech pathology, and physiotherapy students. He completed an MBA in 2007 where he discovered the concept of emotional intelligence and has been passionate about the applications of EI in healthcare and business ever since.

Dr Nigel Gribble





Dr Chris Skinner

Chris Skinner is an Associate Professor and Chair Professional and Personal Development at the Medical School, Notre Dame University where he is responsible for the development and coordination of professional programmes and research. He has extensive qualifications in the fields of education, psychology, and health management and in 2002 completed his doctoral studies.

Chris has worked in a wide range of educational and health positions, clinical, educational and managerial capacities. Chris has worked extensively at the national and international levels with seminars and workshops being conducted in New South Wales, Tasmania, Canada, Malaysia, Indonesia and the United Kingdom. Chris became a Fellow Association Medical Education in Europe (AMEE) in 2017, and is currently Regional Director Australia, International Society of Emotional Intelligence (ISEI). His main research and applied interests are in the link between emotional intelligence and health leadership behaviour and effectiveness, the transition of individuals in the work context and the evaluation and impact of management development programmes.